Malt-O-Meal® Frosted Flakes Is A Great Value Alternative To Kellogg's® Frosted Flakes®.

Malt-O-Meal's Frosted Flakes® features crisp, wholesome cereal flakes made of corn and dusted with irresistible sweetness. Frosted Flakes are fortified with essential vitamins and minerals for a healthy, well-balanced way to start your day or satisfy a sweet tooth craving. Now also in chocolate!

Malt-O-Meal not only provides more cereal for less it supplies more Vitamin C and double the amount of Protein than Kellogg's Frosted Flakes®!

Try this delicious easy dessert recipes using Malt-O-Meal's Frosted Flakes. Sure to please the whole family!

Visit our Recipe Blog!

Nutritional Facts

Product Comparison

Recipes